

COUNSELORS' QUARTERLY

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Special points of interest:

- Are You Prepared For The SAT's?
- Which college will you attend?
- Were you recognized on November 24th ?
- Students of the Month!



SAT PREPARATION CLASSES COME TO CHAFFEY!

CHS is offering a course to assist students in preparing for the Scholastic Aptitude Test (SAT). In this course students will take SAT exams, gain knowledge of techniques to improve general test-taking skills, receive test scores with identified areas of weakness, have opportunities to learn and practice areas in need of improvement and retake an SAT exam at the completion of the course to measure improvement. Each student will have a minimum of twenty hours of instruction, will receive a copy of 10 real SATs and have the opportunity to utilize computer software to assist with his/her preparation program.

There will be two classes offered after the winter break for juniors who plan to attend a four-year college after their high school graduation. If interested in participating in this program please contact your school counselor for more information about times and schedules (988-5560). The requirements for



Gain knowledge of techniques to improve your test taking skills

students to participate in this SAT preparation program are as follows: 1. Parent and student signature indicating that the student will complete twenty hours of instruction in the program. 2. Provide evidence that the student has registered to take the SAT exam and 3. Make a payment of five dollars for the

course.

MOUNT SAN ANTONIO COLLEGE

Mt. San Antonio College is a public community college which offers two-year associate degrees, certificates, and prepares students for transfer to a four-year university. Courses are offered through the semester system. Tuition is \$11.00 per unit plus Health

Services fees and Parking fees. Admission includes the filing of the application for admission by the student and the filing of transcripts from the student's high school. The College Starter Program is open to high school students who: 1. Are juniors or

seniors in high school, 2. Have a recommendation from a high school counselor, and 3. Have a minimum of 2.0 G.P.A. Website: www.mtsac.edu



SPOTLIGHT ON A CAREER AIRLINE PILOT

Pilots fly aircraft such as airplanes and helicopters to carry out a wide variety of tasks. Most pilots are involved with the transportation of passengers, cargo and mail. Others dust crops, spread seeds for reforestation, test aircraft and take aerial photographs. Helicopter pilots are especially involved with police work, fire-fighting, offshore exploration for natural resources, evacuation and rescue efforts, logging operations, construction work and weather operations.

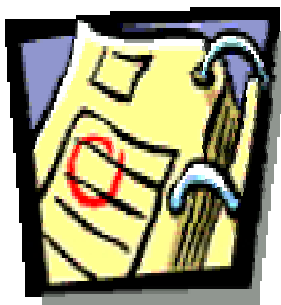
Some suggested high school courses to lay the groundwork to becoming a

pilot include algebra, physics, English, geography, geometry and trigonometry. Further education and training can take place at a community college or a technical school; obtaining a bachelors degree, private flying lessons, or military flight training. Interests and abilities could include working with objects, using specific machines, processes and techniques in your work; using logical reasoning; performing duties which change frequently; making decisions quickly and accurately under pressure, performing mathematics quickly and accurately; communicating effectively, both orally and in writing.

Salaries can range from \$15,000 for beginning pilots up to about \$81,000 for pilots with six years experience with larger airlines. Some senior captains on the largest aircraft earn as much as \$212,000 per year.

Employment is expected to increase through the year 2006.

“Values are desires which motivate us, often reflect how we spend our time, and indicate what we actually consider most important in life.”



Don't miss these important dates!

THE MILITARY WANTS YOU!

The United States Army, the Army Reserves, and the National Guard offer a combination of opportunities, benefits, and training for those 17-34 years of age. A recruit can qualify for \$26,000 to \$50,000 for college, or for vocational or technical training. The Army offers these benefits before, during, or

after enlistment. Recruits can attend college while enlisted. An important reminder. Every young man must register with the Selective Service Board within one month of his 18th birthday. Registration cards may be obtained from Mr. Hernandez in NH 3 or at any United States Post Office.



MARK YOUR CALENDARS

Financial Aid Night

Financial aid night will be January 19, 2000. Counselors will be hosting a workshop session which will assist parents in completing the FAFSA, which is necessary to qualify for any financial help for college. We will review the form item by item. Hopefully, an hour or so will make the process less painful. See you there.

Scholarships \$\$\$\$

See Mr. Martinez in the Career Center for applications.

Latingirl Scholarship –

Ten \$1,000 scholarships to Hispanic female seniors based on academics, need and an essay.

Toyota Scholarship – 100 scholarships available valued at \$10,000 – \$20,000

Scholastic Aptitude Test Dates (SAT)

Jan. 22 Must register by Dec. 17, late fee applies Dec. 18-29
April 8 Register by March 3, late fee March 4-15
May 6 Register by March 31, late fee April 1-12

College Speakers come to CHS!

Chaffey has been very fortunate this year to have a number of college representatives come and speak to our students. To find out a list of the upcoming guests, check to Career/Scholarship bulletin (updated each Wednesday, available in the Career Center or NH 2) and see Mr. Martinez in the Career Center for a pass.

STUDENT SUPPORT GROUPS

Two support groups are in operation this year to aid our students in coping with interpersonal difficulties affecting their current emotional wellbeing as well as interfering with academic performance in classes.

The Loss of a Loved one Support Group is an open-ended support group designed to work with our students who are experiencing the death of a loved one. The intent of this group is to learn effective ways of coping and expressing feelings and thoughts with other support members who may feel alone and isolated in these issues. Sessions occur every other

week for one hour. Students interested in joining the group, please see Ms. Navarro or Mr. Revard.

Families in Transition Support Groups meets on Tuesdays at 2:00 p.m. for students who are feeling anxiety because of separation or divorce issues. Please see Ms. Oliva or Mr. Laborde.



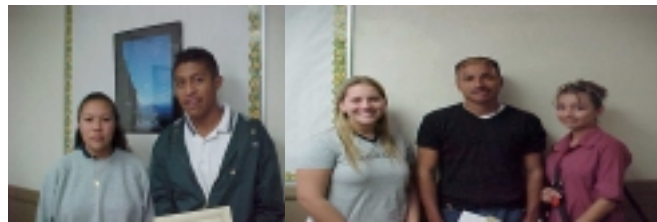
You are not alone. We can help.

COUNSELORS' STUDENT OF THE MONTH

This quarters Guidance Students of the Month are Angelina Aguilar (02), Fernando Marquez (00), Amanda Story (00), Nester De La Cruz (01) and Eva Perez (01). Not Pictured are Margaret German (03) and Elaine Sanchez (01). These students were se-

lected based on good citizenship, grades and overall school improvement. Congratulations and keep

up the great work!



TIGER PRIDE RENAISSANCE !

On Wednesday, November 24, 1999 thousands of students were recognized for having a 4.0 and 3.0 Grade Point Average, as well as for improving their GPA. .5 or greater!

Staff passed out Tiger Paws to students who have exhibited good citizenship, effort, good attendance, improved

grades, etc. Students who received the Tiger Paws placed their ticket in a box to win Ontario Mills Certificates, a mini-stereo system, prom tickets, and a Fausti yearbook. Yearbooks went to Cesar Ochoa and William Newby. The mini-stereo systems donated by Councilman Gerald A. DuBois went to Eduardo Gonzalez and

Elizabeth Cordero. Prom tickets went to Shonte Cravin and Emily Tillery. Fifty dollar Ontario Mills Gift Certificates went to Stephanie Daily and Tina Vivian. Congratulations!

“Renaissance makes recognition accessible to all students and puts a sense of pride back into academic achievement.”



Discovering Your Career Talents

What are your career talents?

Career talent simply means that society places value-is willing to pay for-that particular talent. It means that a person has distinctive skills or abilities in an activity applicable to a job. For example, someone might have a gift of gab-be a great talker and salesman. Someone else might show unique artistic ability, unusual athletic talent, or be a math whiz, all with career applications. Such skills and abilities combine in each one of us to make up our unique combination of talents.

Please see your counselor or Ruben Martinez if you need assistance with discovering your Career Talents.

"School Attendance Is the Key to Success"

Over the holiday season do not take your teens out of school for family vacations.

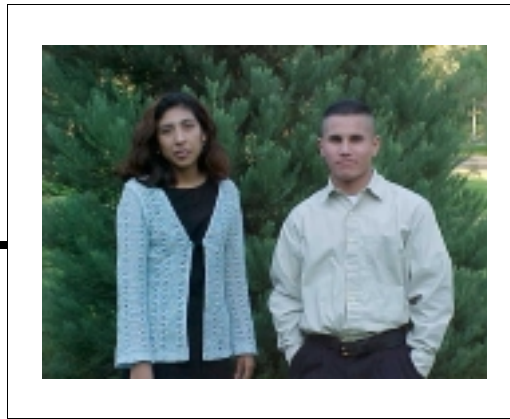
Poor Attendance = Poor Grades

This is very important if your teen is to earn passing grades in all classes during the first semester.

Thank you for your help!

Mr. Jim Brodie, Principal

F.R.E.S.H. START



F.R.E.S.H. START strives to create positive leadership opportunities with youth and those who interact with our youth by providing the best in resources and guided experiences that the school and community makes possible.

This program is designed to target the freshman class and their attendance at Chaffey High School. The focus of this office is to provide an open framework of goals, information, activities, and any other resources the students would need to gain the life skills they need for tomorrow. After-school meetings are every other Monday with

F.R.E.S.H. START Consultants Lilia Sanchez and Victor Solis

food, activities, and other incentives to motivate students to attend school everyday. Abel Contreras and Jessica Nunez (freshman) were each winners of a \$25 gift certificate to Ontario Mills from our weekly attendance drawing for having perfect attendance for a specified week. First place Alejandro Sanchez and second place Sara Contreras won gift certificates to Ontario Mills and Edwards Cinemas worth up to \$25 from our FRESH START poster contest.

Lilia and Victor

have also set up a FRESH START mentor program where Tiger Cub Leaders can earn community service hours and letters of recommendation. They must have a minimum 2.7 G.P.A. and have the ability to lead a group.

If you have any questions regarding the F.R.E.S.H. START program please contact Lilia Sanchez, Victor Solis or Dennis Ruiz at (909) 467-5235.