

HOME ECONOMICS DEPARTMENT

FOODS AND NUTRITION I	REQUIRED () ELECTIVE (X)	CSU () UC ()	LAB FEE: \$15.00
PREREQUISITES: None			
Basic food preparation skills are taught with lab experiences that include quick breads, yeast breads, milk and dairy dishes, fruits and vegetables, salads, meats and desserts. This course also focuses on safety, sanitation, measuring, and the use of the microwave and other kitchen equipment.			
GRADES: 9, 10, 11, 12		LENGTH: 1 Semester	
FOOD AND NUTRITION II	REQUIRED () ELECTIVE (X)	CSU () UC ()	LAB FEE: \$15.00
PREREQUISITES: Foods and Nutrition I with C grade or better, or teacher approval			
Food preparation with emphasis on planning attractive and nutritional meals. Lab experiences include the preparation of breakfasts, lunches, and dinners. This course also focuses on food shopping skills, nutrition and the diet.			
Offered in the SPRING only			
GRADES: 9, 10, 11, 12		LENGTH: 1 Semester	
CREATIVE FOODS III	REQUIRED () ELECTIVE (X)	CSU () UC ()	LAB FEE: \$15.00
PREREQUISITES: Food and Nutrition I with grade of C or better, or teacher approval			
An advanced course in food preparation with emphasis in planning creative meals for specials occasions with traditional, cultural, and entertaining foods. This course also focuses on food shopping skills, nutrition and the diet.			
Not offered every semester			
GRADES: 10, 11, 12		LENGTH: 1 Semester	

CHILD DEVELOPMENT I	REQUIRED () ELECTIVE (X)	CSU () UC ()	LAB FEE: None
PREREQUISITES: None			
An in-depth study of family planning, preparation for parenthood, and pregnancy. Prepares students to understand the physical, mental, emotional, and social development of young children, newborn through the first year; includes the care, health, and safety of the child.			
GRADES: 10, 11, 12		LENGTH: 1 Semester	
CHILD CARE LAB I	REQUIRED () ELECTIVE (X)	CSU () UC ()	LAB FEE: None
PREREQUISITES: Completion of Child Development I is highly recommended.			
An in-depth study of children from ages 2 – 10 years old and the importance of their relationships within the family. Prepares students to understand the physical, mental, emotional, social, and moral development of children. Students experience a three-week playschool; observing and guiding young children in play activities.			
Offered in SPRING ONLY.			
GRADES: 10, 11, 12		LENGTH: 1 Semester	
PARENTING SKILLS I	REQUIRED () ELECTIVE (X)	CSU () UC ()	LAB FEE: None
PREREQUISITES: Child Development, Child Care Lab, and/or Family Living recommended			
This course is designed for students who may want to be parents someday, or who may just want to have satisfying interactions with other people's children. This course helps students to recognize children's stages of development and to realize how parents' roles change as their children grow. The interactions between parents and children are powerful influences in children's development and on parents' attitudes and behaviors. Interactions that are enjoyable, supportive, encouraging, and rewarding are promoted. Many contemporary parenting concerns are addressed, ranging from child abuse to substitute care to children's education.			
May not be offered every semester.			
GRADES: 11, 12		LENGTH: 1 Year	

CREATIVE TEXTILE DESIGN I	REQUIRED () ELECTIVE (X)	CSU () UC ()	LAB FEE: \$15.00
PREREQUISITES:			
<p>The basic elements and principles of design are used to produce creative textiles and handicrafts. Projects may include stitchery, wearable art, painting, gifts, seasonal and holiday crafts. Time, energy and money resources are integrated. Entrepreneurial skills for cottage industries are included.</p>			
GRADES: 9, 10, 11, 12		LENGTH: 1 Semester	